

## 2013 Lewistown Tiger Trot 5K - Overall results, ordered by time

NOTE: these results only show the FSRC members who ran the race

place	name	age	time	factor	age grade	adj time
1	Erik Hinrichsen	24	17:48.0	1.0000	72.47	17:48.0
2	Chad Ahalt	33	18:08.0	0.9885	71.97	17:55.5
3	Chad Connors	36	18:28.0	0.9729	71.80	17:58.0
4	John Way	47	19:47.0	0.8958	72.79	17:43.4
5	David A. Lieb	53	19:53.0	0.8536	76.01	16:58.4
6	Timothy Morgan	62	19:55.0	0.7902	81.97	15:44.3
7	Keary Johnston	47	19:59.0	0.9139	81.04	18:15.8
8	Lou King	55	21:07.0	0.8395	72.77	17:43.7
9	Ruth Taylor	45	21:27.0	0.9319	74.04	19:59.4
10	Meryl Ludwig	47	21:36.0	0.9139	74.97	19:44.5
11	Peter Ricciuti	47	21:41.0	0.8958	66.41	19:25.5
12	Paul Smeck	44	22:04.0	0.9169	63.76	20:14.0
13	Tim O'Keefe	60	22:07.0	0.8043	72.52	17:47.4
14	Bruce Attavian	63	22:54.0	0.7832	71.93	17:56.2
15	Arthur Gregory	69	23:24.0	0.7402	74.48	17:19.3
16	Shannon Jordre	49	24:31.0	0.8817	59.68	21:37.0
17	John Clarke	75	24:36.0	0.6808	77.03	16:44.9
18	Joanne Capoccia	44	24:47.0	0.9402	63.52	23:18.1
19	Wayne Young	62	25:22.0	0.7902	64.36	20:02.7
20	Harriet Langlois	57	25:34.0	0.8065	71.78	20:37.2
21	Mark Gaffigan	50	26:09.0	0.8747	56.40	22:52.4
22	James Meyers	63	26:37.0	0.7832	61.88	20:50.8
23	Robin McConaughey	51	27:17.0	0.8719	62.22	23:47.3
24	Penny Beeler	47	27:18.0	0.9139	59.32	24:57.0
25	Anne Light	59	27:37.0	0.7847	68.29	21:40.3
26	Fred Schumacher	65	30:44.0	0.7691	54.58	23:38.3
27	Nina Connors	7	33:01.0	0.7886	56.84	26:02.3
28	Cheryl Connors	36	34:51.0	0.9870	43.03	34:23.9

## 2013 Lewistown Tiger Trot 5K - Overall results, ordered by age grade

NOTE: these results only show the FSRC members who ran the race

place	name	age	time	factor	age grade	adj time
1	Timothy Morgan	62	19:55.0	0.7902	81.97	15:44.3
2	Keary Johnston	47	19:59.0	0.9139	81.04	18:15.8
3	John Clarke	75	24:36.0	0.6808	77.03	16:44.9
4	David A. Lieb	53	19:53.0	0.8536	76.01	16:58.4
5	Meryl Ludwig	47	21:36.0	0.9139	74.97	19:44.5
6	Arthur Gregory	69	23:24.0	0.7402	74.48	17:19.3
7	Ruth Taylor	45	21:27.0	0.9319	74.04	19:59.4
8	John Way	47	19:47.0	0.8958	72.79	17:43.4
9	Lou King	55	21:07.0	0.8395	72.77	17:43.7
10	Tim O'Keefe	60	22:07.0	0.8043	72.52	17:47.4
11	Erik Hinrichsen	24	17:48.0	1.0000	72.47	17:48.0
12	Chad Ahalt	33	18:08.0	0.9885	71.97	17:55.5
13	Bruce Attavian	63	22:54.0	0.7832	71.93	17:56.2
14	Chad Connors	36	18:28.0	0.9729	71.80	17:58.0
15	Harriet Langlois	57	25:34.0	0.8065	71.78	20:37.2
16	Anne Light	59	27:37.0	0.7847	68.29	21:40.3
17	Peter Ricciuti	47	21:41.0	0.8958	66.41	19:25.5
18	Wayne Young	62	25:22.0	0.7902	64.36	20:02.7
19	Paul Smeck	44	22:04.0	0.9169	63.76	20:14.0
20	Joanne Capoccia	44	24:47.0	0.9402	63.52	23:18.1
21	Robin McConaughey	51	27:17.0	0.8719	62.22	23:47.3
22	James Meyers	63	26:37.0	0.7832	61.88	20:50.8
23	Shannon Jordre	49	24:31.0	0.8817	59.68	21:37.0

24	Penny Beeler	47	27:18.0	0.9139	59.32	24:57.0
25	Nina Connors	7	33:01.0	0.7886	56.84	26:02.3
26	Mark Gaffigan	50	26:09.0	0.8747	56.40	22:52.4
27	Fred Schumacher	65	30:44.0	0.7691	54.58	23:38.3
28	Cheryl Connors	36	34:51.0	0.9870	43.03	34:23.9

### 2013 Lewistown Tiger Trot 5K - Women's results, ordered by time

NOTE: these results only show the FSRC members who ran the race

place	name	age	time	factor	age grade	adj time
1	Keary Johnston	47	19:59.0	0.9139	81.04	18:15.8
2	Ruth Taylor	45	21:27.0	0.9319	74.04	19:59.4
3	Meryl Ludwig	47	21:36.0	0.9139	74.97	19:44.5
4	Joanne Capoccia	44	24:47.0	0.9402	63.52	23:18.1
5	Harriet Langlois	57	25:34.0	0.8065	71.78	20:37.2
6	Robin McConaughey	51	27:17.0	0.8719	62.22	23:47.3
7	Penny Beeler	47	27:18.0	0.9139	59.32	24:57.0
8	Anne Light	59	27:37.0	0.7847	68.29	21:40.3
9	Nina Connors	7	33:01.0	0.7886	56.84	26:02.3
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place	name	age	time	factor	age grade	adj time
1	Keary Johnston	47	19:59.0	0.9139	81.04	18:15.8
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5	Anne Light	59	27:37.0	0.7847	68.29	21:40.3
6	Joanne Capoccia	44	24:47.0	0.9402	63.52	23:18.1
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8	Penny Beeler	47	27:18.0	0.9139	59.32	24:57.0
9	Nina Connors	7	33:01.0	0.7886	56.84	26:02.3
10	Cheryl Connors	36	34:51.0	0.9870	43.03	34:23.9

### 2013 Lewistown Tiger Trot 5K - Men's results, ordered by time

NOTE: these results only show the FSRC members who ran the race

place	name	age	time	factor	age grade	adj time
1	Erik Hinrichsen	24	17:48.0	1.0000	72.47	17:48.0
2	Chad Ahalt	33	18:08.0	0.9885	71.97	17:55.5
3	Chad Connors	36	18:28.0	0.9729	71.80	17:58.0
4	John Way	47	19:47.0	0.8958	72.79	17:43.4
5	David A. Lieb	53	19:53.0	0.8536	76.01	16:58.4
6	Timothy Morgan	62	19:55.0	0.7902	81.97	15:44.3
7	Lou King	55	21:07.0	0.8395	72.77	17:43.7
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14	John Clarke	75	24:36.0	0.6808	77.03	16:44.9
15	Wayne Young	62	25:22.0	0.7902	64.36	20:02.7
16	Mark Gaffigan	50	26:09.0	0.8747	56.40	22:52.4
17	James Meyers	63	26:37.0	0.7832	61.88	20:50.8
18	Fred Schumacher	65	30:44.0	0.7691	54.58	23:38.3

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2	John Clarke	75	24:36.0	0.6808	77.03	16:44.9
3	David A. Lieb	53	19:53.0	0.8536	76.01	16:58.4
4	Arthur Gregory	69	23:24.0	0.7402	74.48	17:19.3
5	John Way	47	19:47.0	0.8958	72.79	17:43.4
6	Lou King	55	21:07.0	0.8395	72.77	17:43.7
7	Tim O'Keefe	60	22:07.0	0.8043	72.52	17:47.4
8	Erik Hinrichsen	24	17:48.0	1.0000	72.47	17:48.0
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13	Wayne Young	62	25:22.0	0.7902	64.36	20:02.7
14	Paul Smeck	44	22:04.0	0.9169	63.76	20:14.0
15	James Meyers	63	26:37.0	0.7832	61.88	20:50.8
16	Shannon Jordre	49	24:31.0	0.8817	59.68	21:37.0
17	Mark Gaffigan	50	26:09.0	0.8747	56.40	22:52.4
18	Fred Schumacher	65	30:44.0	0.7691	54.58	23:38.3