

## Frederick Steeplechasers Running Club General Membership Meeting – 20 Nov 2019

**Attendees:** Josh Roane, President  
Casii Dodd, Vice-president  
Crystal Tressler, Treasurer  
Heidi Novak, Secretary

Additional members of the board and general membership as listed in:  
[FSRC Membership Meeting sign in sheet 2019-11-20.pdf](#)

**Call to Order** - Josh Roane

Meeting called to order at 6:17 pm.

In general, the focus of the meeting was to update the membership on the overall status of the club and acknowledge club volunteers.

### **2019 Highlights**

- \$73,247 raised for the Frederick community
- 1,932 Signature race participants
- 917 FSRC members
- 89 volunteers, with 18 participating in 2-3 activities, 71 in 5 or more

### **Past Presidents/Board of Directors**

- Past presidents currently serving on the Board of Directors include: Tim O'Keefe, Mark Lawrence, John Stuart, Lou King, and Jill Cameron.

### **Executive Officers**

- President: Josh Roane
- Vice-President: Casii Dodd
- Treasurer: Crystal Tressler
- Secretary: Heidi Novak

### **Signature Races**

#### ***Summer Solstice Twilight 8k***

- Race Director: Alex Young
- Raised \$29,271 for Blessings in a Backpack

#### ***Women's Distance Festival***

- Race Director: Harriet Langlois
- Raised \$24,131 for Women's Giving Circle

### ***Market Street Mile***

- Race Director: Lou King
- Raised \$11,208 for the Lincoln Panther Running Club and the Advocates for Homeless Families

### ***Rick's Run***

- Race Directors: Crista Horn and Bill Susa
- Raised \$8,636 for the FSRC Memorial Scholarship Fund

### **Low Key Races**

- Lewis Run 10 Miles - Race Director: Mark Lawrence
- Run for the Pie 10k - Race Director: Mark Lawrence
- Independence 5k - Race Director: Victor Cretella

### **Race Support Services**

- Chair: Mark Lawrence

### **Communications Committee**

- Chair: Louis Schiavone
- Team: Anne Shubert, Jenny Hallberg, Mike Kearney

### **Public Relations**

- Chair: Louis Schiavone

### **Newsletter**

- Chair: Anne Shubert

### **Competition Committee**

- Chair: Shannon Matthews
- Team: Ruth Taylor, Jenny Halberg, Lou King

### **Racing Team**

- Outgoing Chair: Chris VanSant
- Incoming Chair: Mike Kearney

### **Summer Decathlon**

- Chair: Tim O'Keefe

### **Membership**

- Outgoing Chair: Kerry McHugh
- Incoming Chair: You??

### **Panther Running Club**

- Head Coach: Chad Ahalt

### **Training Programs**

- Outgoing Chairs: Billy Clem, Nicole Davis
- Incoming Chairs: Heidi Novak, Crystal Tressler
- Training Programs Administrator: Christine Stafford
- Coaches
  - Marathon: Andrea Thompson
  - Spring Half Marathon: Heidi Novak, Chris Dutton, Michele Newton
  - Fall Half Marathon: Chris Dutton, Michele Newton, Jean Marie Heim
  - Women's Distance Festival 5K: Syble Roane, Casii Dodd, Marti Grib-Kachman
  - 10K: Syble Roane, Casii Dodd, Marti Grib-Kachman
- New RRCA Certified Coaches
  - Chris Dutton

### **Trail Running**

- Head Coach: Nicole Davis

### **Spires Youth Program**

- Head Coach: Trevor James
- Assistant Coaches: Tim Stevenson, Brian Slagle, Christiana Richardson, Lou Hamilton, Cindy Wetzel, Brian Gregory, Jeff Ladner, AnaMarie Shaikh

### **Social Committee**

- Chair: Heidi Novak
- Team: Jean Marie Heim

### **Technology Committee**

- Chair: Lou King
- Team: Kathy Cea

### **Store**

- Chair: Josh Roane

### **Club Business**

Vice President Vote

**MOTION: To swear in Casii Dodd as Vice President**

Made by: Tim O'Keefe

Second: Jill Cameron

Result: Motion carried, unanimous

### **Thank you Steeplechasers**

- Silver Volunteers
- Gold Volunteers

### **Video Clip of John Godinet documentary by Robert Roy**

**Movie - Made to Be Broken**

**Recorded by:** Heidi Novak, Secretary