

### Men's Results

Place	Bib #	First Name	Last Name	Age	Gender	Club	Time	Hometown
1	112	Timothy	Snyder	27	M	FSRC	4:43	Frederick, MD
2	61	Patrick	Boddicker	17	M		4:44	Frederick, MD
3	219	Eamon	Connelly	31	M	FSRC	4:47	Frederick, MD
4	417	Tom	Woods	42	M		4:56	Bethesda, MD
5	70	Brian	Shadrick	40	M	HCS	4:59	Ellicott City, MD
6	220	Joseph	Daniels	47	M		5:03	Camp Springs, MD
7	265	PJ	Anderer	35	M	FRR	5:04	Baltimore, MD
8	463	Chad	Connors	36	M	FSRC	5:04	Frederick, MD
9	382	Chad	Ahalt	34	M	FSRC	5:06	Frederick, MD
10	4	Tim	Bambrick	45	M		5:08	BRUNSWICK, MD
11	386	Brian	Fleming	31	M	HCS	5:10	Ellicott City, MD
12	3	Brian	Oneil	47	M		5:11	andover, MA
13	160	Jonathan	Miller	34	M	FRR	5:13	Baltimore, MD
14	148	Jake	Staley	18	M		5:15	new market, MD
15	477	Alex	Mahlandt	17	M		5:15	Frederick, MD
16	430	Rodwick	Delice	16	M		5:16	Baltimore, MD
17	473	Tony	Lawson	45	M		5:17	Middletown, MD
18	227	Gary	Bush	34	M		5:18	frederick, MD
19	169	Gus	Fahey	43	M		5:18	Washington, DC
20	431	Lamont	Hampton	16	M		5:19	Baltimore, MD
21	243	Duane	Williamson	49	M	AS	5:21	Warrenton, VA
22	397	John	Wiley	17	M		5:24	Ijamsville, MD
23	377	Eric	Bell	16	M		5:25	New Market, MD
24	406	Yukun	Fung	34	M	MCRR	5:26	Aspen Hill, MD
25	240	Brett	Tarzy	15	M		5:27	ijamsville, MD
26	60	Tim	Alexander	17	M		5:28	Frederick, MD
27	117	John	Way	48	M	MCRR	5:29	Montgomery Village, MD
28	85	Joseph	Palkovic	29	M		5:30	Frederick, MD
29	398	Tom	Powers	45	M	MCRR	5:32	Kensington, MD
30	88	Beckett	Lemley	17	M		5:35	Frederick, MD
31	455	Adam	Henson	41	M	FSRC	5:37	Frederick, MD
32	40	Enrique	De Jesus Vasquez	35	M		5:37	frederick, MD
33	124	John	MacMillan	41	M	HCS	5:37	Columbia, MD
34	125	Malcolm	Senior	62	M	FSRC	5:39	New Market, MD
35	476	Peter	Ricciuti	48	M	FSRC	5:39	Frederick, MD
36	134	Steven	Brown	41	M		5:40	Dillsburg, PA
37	462	Justin	Williams	34	M		5:41	Frederick, MD
38	62	Robert	Blanco	40	M	HCS	5:42	Ellicott City, MD
39	432	Dearies	Foster	16	M		5:44	Baltimore, MD
40	266	Timothy	Morgan	62	M	FSRC	5:46	Damascus, MD
41	459	Marquise	Williams	16	M		5:47	Baltimore, MD
42	90	Mitch	Holson	15	M	FSRC	5:48	Ijamsville , MD
43	407	John	Foley	29	M		5:49	Frederick, MD
44	470	Sean	Costello	53	M	HCS	5:51	Ellicott City, MD
45	288	James	Salley	52	M	FSRC	5:53	Frederick, MD

46	433	Keontay	Mclaughlin	15	M		5:54	Baltimore, MD
47	429	Quiandre	Richardson	14	M		5:55	Baltimore, MD
48	123	Paul	Smeck	44	M	FSRC	5:56	Frederick, MD
49	420	Ron	Black	58	M	FSRC	6:03	Boonsboro, MD
50	5	Elliott	Hamilton	53	M	PGRC	6:05	Hyattsville, MD
51	192	Eric	Johnston	49	M	HCS	6:06	Ellicott City, MD
52	71	Ron	Robisch	46	M	FSRC	6:06	Monrovia, MD
53	93	Brad	Hoffman	26	M		6:07	Frederick, MD
54	394	Joe	Allman	17	M		6:08	New Market, MD
55	290	Jerome	Maultsby	55	M		6:09	
56	139	Vincent	Ceci	14	M		6:10	Frederick, MD
57	395	Jack	Allman	16	M		6:11	New Market, MD
58	385	James	Geiser	45	M	AS	6:12	Baltimore, MD
59	242	Marshall	Tarzy	51	M		6:14	ijamsville, MD
60	461	Craig	Jernigan	16	M		6:15	Baltimore, MD
61	371	Greg	Holson	48	M		6:17	Ijamsville, MD
62	164	Marc	Burger	40	M	HCS	6:19	COLUMBIA, MD
63	157	Tim	O'Keefe	60	M	FSRC	6:20	Middletown, MD
64	129	Ronnie	Wong	66	M	HCS	6:22	baltimore, MD
65	163	Brian	Morreale	33	M		6:27	Baldwin, NY
66	440	Jim	Plamondon	50	M		6:27	Frederick, MD
67	48	Peter	Conway	31	M		6:27	Rockville, MD
68	458	Latour	Savage	16	M		6:28	Baltimore, MD
69	414	Dan	Strayton	42	M		6:30	Frederick, MD
70	42	David	Brock	33	M		6:31	Martinsburg, WV
71	54	Brad	Baker	46	M		6:32	myersville, MD
72	201	Bruce	Attavian	64	M	FSRC	6:32	Hagerstown, MD
73	474	Owen	Levine	21	M		6:34	Frederick, MD
74	388	John	Barker	51	M	MCRR	6:36	Rockville, MD
75	370	Carey	Ahr	37	M		6:37	Frederick, MD
76	415	Brian	Young	50	M		6:40	Middletown, MD
77	264	Peter	Blank	58	M		6:43	Annandale, VA
78	165	Mike	Fleming	67	M	HCS	6:49	Columbia, MD
79	195	Herman	Smith	64	M	FSRC	6:55	Frederick, MD
80	120	David	Kenny	53	M	FSRC	6:58	Frederick, MD
81	95	Tom	Farquhar	62	M		7:02	Washington, DC
82	498	Scat	Fisher	53	M		7:18	Frederick, MD
83	87	Offie	Clark	55	M	RASAC	7:21	Aberdeen, MD
84	200	Jim	Meyers	63	M	FSRC	7:23	York Haven, PA
85	118	Ammon	Morgan	25	M	FSRC	7:24	Mount Airy, MD
86	244	Richard	Albee	33	M	FSRC	7:28	Frederick, MD
87	49	Walter	Ramirez	27	M		7:31	River dale, MD
88	393	Michael	Allman	14	M		7:31	New Market, MD
89	190	Michael	Kinley	50	M		7:33	Jefferson, MD
90	99	Sean	McAdam	47	M		7:37	
91	372	Isaac	Mujahed	16	M		7:38	Frederick, MD
92	300	Jeffrey	Marakovitz	45	M		7:39	New Market, MD

93	413	Lou	Shapiro	71	M	MCRR	7:40	Silver Spring, MD
94	278	Garrett	Goodwin	10	M		7:41	Frederick, MD
95	487	Richard	Potter	66	M	FSRC	7:42	Middletown, MD
96	427	Ron	Bergeron	61	M		7:45	Monrovia, MD
97	225	Tim	Mellstead	51	M		7:46	
98	494	Tony	Charles	40	M		7:52	Frederick, MD
99	100	Bryan	Burke	55	M		8:01	
100	98	Andy	Baum	58	M		8:01	
101	153	Robert	Weiner	66	M	DCRRC	8:03	Accokeek, MD
102	12	Ryan	Thompson	47	M		8:12	Frederick, MD
103	126	Fred	Schumacher	66	M	FSRC	8:16	Frederick, MD
104	401	Doug	Fauth	54	M		8:27	Monrovia, MD
105	484	TC	Powers	44	M		8:29	Kensington, MD
106	299	Brian	Fisher	54	M		8:31	Frederick, MD
107	113	Donald	Kohler	77	M	FSRC	8:51	new market, MD
108	379	Edward	Chaney	77	M		9:21	Mount Airy, MD
109	384	Tom	Trott	48	M		9:22	Frederick, MD
110	467	Mark	Posthuma	55	M		9:24	Frederick, MD

#### Women's Results

Place	Bib #	First Name	Last Name	Age	Gender	Club	Time	Hometown
1	189	Laura	Kinley	22	F		5:38	Jefferson, MD
2	78	Cassy	Crouse	32	F	FSRC	5:46	Frederick, MD
3	122	Keary	Johnston	48	F	FSRC	6:01	Frederick, MD
4	291	Rachel	Coile	14	F		6:18	Washington, MD
5	422	Keri-Ann	Henson	38	F	FSRC	6:19	Frederick, MD
6	109	Kristin	McPherson-Pratt	35	F	FSRC	6:23	Frederick, MD
7	280	Nicole	Goodwin	40	F		6:38	Frederick, MD
8	490	Lauren	McAdam	16	F		6:40	Frederick, MD
9	128	Beverly	Black	53	F	FSRC	6:54	Boonsboro, MD
10	92	Haley	Hoffman	24	F		6:55	Frederick, MD
11	1	Colleen	Meaney	24	F		6:56	Frederick, MD
12	475	Claire	Scott	16	F		6:56	Frederick, MD
13	39	Megen	Franklin	30	F		6:57	Frederick, MD
14	121	Kirsten	Roy	19	F	FSRC	7:04	Brunswick, MD
15	478	Ronni	Putman	43	F	FSRC	7:05	Frederick, MD
16	273	Emily	Brownlee	24	F		7:09	Falmouth, MA
17	159	Joanne	Capoccia	45	F	FSRC	7:14	Frederick, MD
18	293	Karen	Henry	49	F	RASAC	7:14	Bel Air, MD
19	33	Alisan	Imhoff	24	F		7:15	Frederick, MD
20	26	Samantha	Guell	25	F		7:17	Frederick, MD
21	261	Lorraine	Sullivan	51	F	FSRC	7:18	New market, MD
22	170	Karen	Harvey	56	F	HCS	7:29	Ellicott City, MD
23	380	Shauna	Ploscaru	33	F		7:37	Hagerstown, MD
24	456	Melissa	McMahan	28	F		7:38	Silver Spring, MD
25	471	Elizabeth	Griffiths	31	F		7:39	Frederick, MD
26	101	Harriet	Langlois	57	F	FSRC	7:41	Ijamsville, MD

27	96	Esther	Buchser	64	F	RASAC	7:45	Abingdon, MD
28	50	Samantha	Watters	25	F		7:48	Rockville, MD
29	194	Stella	Sellner	61	F		7:55	Shady Side , MD
30	428	Lauren	Hampton	14	F		7:56	Baltimore, MD
31	30	Gabby	Alico	24	F		7:58	Mechanicsburg, PA
32	457	Tyshae	Stewart	16	F		8:02	Baltimore, MD
33	408	Kathy	Young	49	F		8:09	Middletown, MD
34	485	Mikayla	Miley	15	F		8:11	Woodboro, MD
35	27	Emily	Hewitt	35	F		8:20	Frederick, MD
36	31	Wendy	Martin	32	F		8:24	Frederick, MD
37	152	Karen	Geiser	45	F	AS	8:31	baltimore, MD
38	29	Linda	Koch	47	F		8:35	Mechanicsburg, PA
39	378	Melinda	Krummerich	54	F	HCS	8:37	
40	18	Jessica	Myers	28	F		8:37	Frederick, MD
41	217	A.B.	Sappington	49	F		8:51	
42	405	Emily	Smith	22	F		9:00	Silver Spring, MD
43	41	Nikki	Martin	40	F	FSRC	9:02	Frederick, MD
44	381	Lauren	Maruskin	31	F		9:07	Paeonian, VA
45	46	Patricia	Dudley	45	F		9:11	Walkersville, MD
46	47	Vicky	Schreiber	45	F		9:12	Ranson, WV
47	91	Kathi	Croy	54	F		9:16	Frederick, MD
48	11	Shannon	Thompson	36	F		9:24	Frederick, MD
49	28	Pamela	Pope	45	F		9:26	Walkersville, MD
50	374	Hannah	Klipp	18	F		9:33	Frederick, MD
51	143	Tami	Graf	77	F	DCRRC	9:38	
52	234	Whitney	Sewell	26	F		9:41	Frederick, MD
53	110	Tracy	Solomon	42	F	FSRC	9:46	Frederick, MD
54	396	Katherine	Turk	60	F		10:07	Frederick, MD
55	214	Kimberly	Fognano	43	F		10:12	Leesburg, VA
56	6	Meredith	McAdam	46	F		10:18	Frederick, MD
57	460	JonBenet	Johnson	16	F		10:26	Baltimore, MD
58	130	Carol	Zehnacker	68	F		10:33	frederick, MD
59	107	Christina	Caravoulias	58	F	MCRR	10:52	Silver Spring, MD
60	191	Yvonne	Aasen	82	F	WRRC	10:55	Westminster, MD
61	263	Brenda	Ferko	60	F		11:00	Middletown , MD
62	193	Sarah	Ramirez	26	F		11:51	Frederick, MD
63	212	Lynn	Richardson	54	F		12:16	Chamversburg, PA
64	226	LeaAnn	Mellstead	50	F		12:27	
65	89	Stephanie	Douglass	45	F		13:22	Frederick, MD
66	97	Mary	Remmers	54	F		13:24	Monrovia, MD
67	218	Sylvia	Bowens	68	F		13:25	
68	262	Christine	Merenda	44	F	HCS	15:04	Columbia, MD

**Youth Results**

Place	Bib #	First Name	Last Name	Age	Gender	Club	Time	Hometown
1	472	Collia	Hanson	13	M		5:51	Myersville, MD
2	L1	William	Westmoreland	11	M		5:52	Frederick, MD

3	269	Nicholas	Hildebrandt	12	M	FSRC	5:54	Frederick, MD
4	55	Garrett	Baker	13	M		6:17	myersville, MD
5	72	Lincoln	Robisch	14	M	FSRC	6:18	Monrovia, MD
6	292	Rachel	Coile	14	F		6:33	Washington, MD
7	L14	Mario	Martinez	10	M		6:37	Frederick, MD
8	86	Broden	Moran	10	M		6:47	Frederick, MD
9	434	Blake	Corbi	10	M		6:48	Middletown, MD
10	277	Shaun	Clem	12	M		6:58	Frederick, MD
11	94	Mara	Leuciuc	12	F		7:06	Frederick, MD
12	25	Nicolas	Farrell	10	M	FSRC	7:07	Frederick, MD
13	151	Drew	Weisgerber	8	M	FSRC	7:08	Frederick, MD
14	259	Neil	Bossaller	9	M		7:20	
15	17	Olivia	Welty	11	F		7:29	Frederick, MD
16	L2	Mackenzie	Scott	8	F		7:37	Frederick, MD
17	L17	Mouhamado	Sene	11	M		7:40	Frederick, MD
18	L9	Aubrey	Davis	10	M		7:43	Frederick, MD
19	423	Stella	Henson	9	F	FSRC	7:47	Frederick, MD
20	400	Jack	Strayton	13	M		7:51	Frederick, MD
21	416	Drew	Strayton	11	M		7:52	Frederick, MD
22	258	Clara	Bossaller	13	F		7:56	
23	437	Emily	Martinez	9	F		8:02	Frederick, MD
24	387	Marin	Bartman	9	F		8:03	Middletown, MD
25	188	Erica	Houck	13	F	FSRC	8:09	New Market, MD
26	32	Jonas	Chalkley	8	M	FSRC	8:17	Frederick, MD
27	L15	Danelle	Kolo	8	F		8:37	Frederick, MD
28	469	Conner	D'Aquino	10	M		8:38	Frederick, MD
29	279	Lizzie	Goodwin	7	F		8:43	Frederick, MD
30	L19	Jonathan	Ordonez	8	M		8:50	Frederick, MD
31	289	Jessica	Lakner	12	F	FSRC	8:57	Frederick, MD
32	468	Pia	Petke	8	F	FSRC	9:00	Frederick, MD
33	454	Leo	Henson	6	M	FSRC	9:06	Frederick, MD
34	51	Rachael	Bostian	9	F		9:18	Frederick, MD
35	63	Rachel	Hillman	11	F		9:18	Frederick, MD
36	L18	Babcar	Sene	8	M		9:19	Frederick, MD
37	466	Lacy	MacKenzie	9	F		9:20	Frederick, MD
38	L3	Jessyka	Velasquez	8	F		9:26	Frederick, MD
39	L10	Emely	Martinez	8	F		9:42	Frederick, MD
40	L11	Brieanne	Phillips	9	F		9:44	Frederick, MD
41	L8	Leila	Cornejo	8	F		9:44	Frederick, MD
42	L12	Jon	Morgan	8	M		9:51	Frederick, MD
43	L16	Medina	Hashim	9	F		9:56	Frederick, MD
44	L13	Grace	Murphy	8	F		9:58	Frederick, MD
45	L7	Cheyenne	Castle	9	F		10:57	Frederick, MD
46	119	Christian	Bello	5	M	FSRC	12:43	Mount Airy, MD
47		Samuel	Bonfoh	8	M		13:38	Frederick, MD
48	270	Khloe	King	2	F			Frederick, MD